

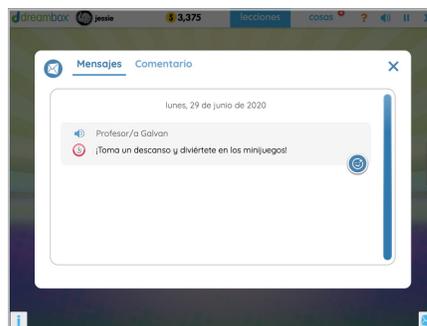
# Partnering with DreamBox for Social Emotional Learning

EDUCATOR EDITION



We believe a positive mindset goes a long way! With so many unknowns this year, teachers are incorporating Social-Emotional Learning (SEL)<sup>1</sup> more than ever before. A [Stanford University study](#) showed that having a positive attitude about math is a strong predictor of which students will perform better, even after accounting for differences in IQ and other factors.

DreamBox<sup>®</sup> is committed to not only supporting your math instruction but also fostering math confidence and building SEL skills through our digital platform.



**Students using DreamBox in Spanish will automatically see all messages in Spanish, and students with reading difficulties can hear messages read aloud.**

## WHERE YOU'LL FIND SEL IN DREAMBOX MATH

### Goalsetting, Progress-Monitoring, Grit & Celebrations

- Students set weekly goals on DreamBox and monitor their own progress, ensuring they're active in their goalsetting.
- Students select which topics and lessons to work on, so they're invested and engaged. Studies show when students have ownership in their learning, through the power of choice, they're more intrinsically motivated, which in turn drives academic achievement.
- Students continually earn badges and coins for perseverance so they are receiving positive-reinforcement and feedback as they play.
- The messaging feature allows teachers to send personalized notes to encourage productive struggle. Students can respond to teacher messages or initiate conversation.
- The Insight Dashboard allows teachers to monitor student growth. Teachers and families can download [Student Certificates](#) to celebrate these achievements.
- Parents can set up access on a school account for a comprehensive Family Dashboard. This supports school-to-home communication and invites parents to celebrate important learning milestones too.
- Our adaptive technology creates an individualized learning environment for the perfect amount of productive struggle—where students need to practice the skills of grit and perseverance but also build confidence along the way.

<sup>1</sup> SEL is “the process through which children and adults understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.” – CASEL, 2020 <https://casel.org/what-is-sel/>

## ASK THE EXPERTS — TEACHERS THEMSELVES!

We asked our [DreamBox Nation](#) teacher community how they implement SEL into math instruction. Here's what they had to say:

*“Goal Setting with students and celebrating their accomplishments is one way to foster SEL. Modeling a growth mindset and rewarding the struggle that comes with growth is important.”*

— Mary S., Instructional Coach



*“Good teaching means developing the whole child, not only as good mathematicians but as good people—friends, colleagues, and citizens. Problem-solving is not only a quantitative challenge but a human one. As educators, we can engage students in deeply understanding what resolving problems entails and what it feels like, which is fulfilling for children and adults alike.”*

— Courtney C., Math Coach



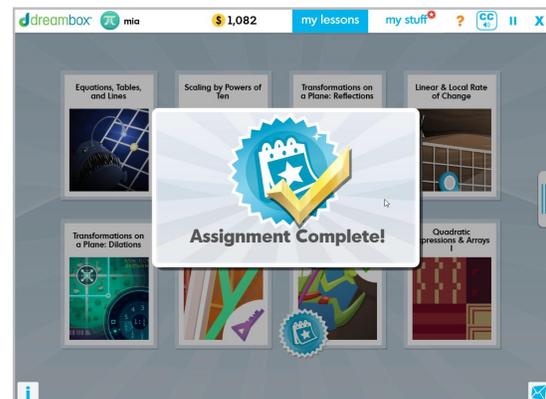
*“I have students use a color card system on their desk to share how they are feeling during DreamBox. They have three colors to choose from.”*

— Christina F., Teacher



*“We're being very purposeful to demonstrate struggle and perseverance with our kiddos. We make sure that we make mistakes in front of them. We're also encouraging a team approach to solving problems. We often play games, teacher against the students, and it's been beautiful to watch them support each other, add onto each other's thinking, clarify and make decisions as a team.”*

— Kari H., Teacher



*“I really like the DreamBox idea of not only growth mindset but productive struggle. I enjoy watching a child who has struggled with a lesson or topic overcome that AND understand. That provides SEL in a different way.”*

— Jennifer J., Interventionist



For Parent Resources to share with students' families, check out our [Social Emotional Learning Tips](#) and [Remote Learning Tips](#). For additional educator resources, visit [DreamBox.com](#)