

6 TIPS for Remote Learning



School announced distance learning for the Fall? DreamBox Math has six tips for parents on remote learning this back-to-school season.

1 Create a space in your home devoted to learning: It doesn't need to be fancy, but a simple space that signals to the brain "it's time to go to school now" can make all the difference. It's important for students to make that mental shift towards focused learning time— a physical space in your home can set the tone for a school day.

2 Create a schedule and daily routines: Learning habits are healthy! Just like in-school classes have a daily schedule and routine, create one for home as well— including brain-breaks and recess for physical activity.

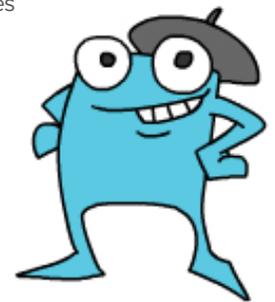
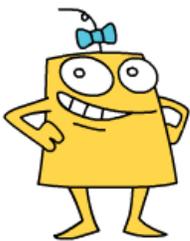
3 Check off learning tasks as you go: Kids should be proud of their work, no matter where they're learning! As you create student checklists for your children's daily schedule, have kids check off tasks upon completion. Students feel a sense of accomplishment and can visually see the work they've completed.

✓ **Extra tip:** As a parent, notice patterns in your child's learning—which tasks took the longest? Which subjects energized my child? What is working well in our schedule and what could we readjust?

4 Be flexible: Remote learning is challenging and staying flexible is key. Honor your child's needs and individual learning style. Add more visuals, hands-on activity, break times for movement, whatever makes your child's at-home experience a success. Focus on the overarching goal of each day and take alternative routes to get there if needed.

5 Stay Positive: Children are sponges! They listen-in on your attitude, perspectives and feedback. While remote learning brings many unprecedented challenges, do your best to stay positive when discussing school building closures with and around your children. This is a game-changer for how students view school and quarantine.

6 Rely on your support system: There's nothing like community, especially during these challenging times. DreamBox is proud to be one of your partners in learning and we know distance learning has been a huge adjustment for families. Reach out to us with questions, check out our [Kids Hub](#), tag us in your at-home learning (#DreamBoxMath and @DreamBoxLearning) and remember to connect with your squad of parents and teachers. We're in this together!



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